



TENNIS ACADEMY

WITH A QUALIFIED LAWN TENNIS ASSOCIATION COACH



Want to experience a Wimbledon-style grass court tennis? Bell's tennis Academy will develop players' understanding of the techniques and tactics of the sport on a range of different surfaces as well as supporting students' language learning within the tennis environment.

Our tennis academy will be coached by a qualified Lawn Tennis Association coach who has experience working with all ages and abilities.

SUMMARY

School:	The Leys
Venue:	The Leys, hard-court, astro-turf and grass tennis courts.
Tuition:	18 hours by a LTA Qualified Coach
Ages:	11-17
Levels:	Beginner, Intermediate and Advanced
Staff Ratio:	1:12
Clothing:	Multi-surface tennis trainers, white tennis clothing, jacket
Equipment:	Students are advised to bring their own tennis racket, although Bell can provide equipment if needed
Fee:	£180 per course

SAMPLE SESSION

TIME	LOCATION	SESSION CONTENT
13:30-15:00	The Leys – Tennis Courts	<ul style="list-style-type: none">• Tennis specific warm up• Backhand practice• Modified tennis game focusing on the backhand• Conditioned games focusing on the backhand
15:30-17:00	The Leys – Tennis Courts	<ul style="list-style-type: none">• Doubles matches• Cool down – stretches.

STUDENTS WILL

- Learn, practise and improve a range of ball control and positioning skills such as serves, forehand, backhand and volleys
- Develop their understanding of different tactics on difference surfaces
- Learn specialist vocabulary and useful phrases for playing and talking about tennis.

COURSE OUTCOMES

Students will take part in a Wimbledon-style tennis tournament on the grass courts at The Leys. Certificates and prizes will be awarded to the students at an end-of-tournament presentation.



Play on a Wimbledon style grass courts on this course. Learn how to control the ball on this uniquely British surface.